

As part of our commitment to being green this Brochure is printed on 100% PCW recycled paper.



PROJECT

What is Project MARTIAL YOU?

Project MARTIAL YOU is a collaborative effort to create, operate, and maintain the best non-profit community martial arts center possible.

The mission of MARTIAL YOU is to make martial arts affordable and accessible to the broadest range of individuals as possible, regardless of economic standing. We strive to promote the martial arts to all who are willing to learn and uphold the basic core values which are its foundation:

Humility, Courtesy, Integrity, Indomitable Spirit, Self Control and Perseverance.

Starting in Bangor Maine with the very first facility dedicated to serving the local community, we hope to set an example by offering the best instruction in our programs for martial arts and fitness at the smallest possible cost.



Martial You
P.O. Box 282
Carmel, Maine 04419

Working to create the best non-profit community martial arts center.

www.martialyou.com

MARTIAL YOU



Top Goals of MARTIAL YOU

Non-Profit

We believe that creating a non-profit (501c3) training center is the best opportunity to keep fees at an absolute minimum. With fundraising activities, donor support, grant funding and revenues generated by gear sales, we hope to keep martial arts accessible to our community.

Affordable Access

MARTIAL YOU is all about simplicity. It is our intent to have the lowest possible membership fees while maintaining the highest level of instruction and quality of service.

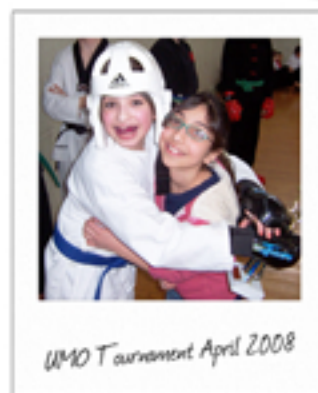
Community

Community involvement is essential to our success and we hope to create lasting connections through a variety of projects designed to give back.

Multiple Styles and Programs

Multiple styles are planned for MARTIAL YOU and we will be working hard to get as many under one roof as we can. Members will be able to learn a single style or cross train in multiple disciplines.

Lasting Connections



Green Initiatives

Green as Possible!

From electrical power to heating and waste management, our goal is to be as green as possible.



Balance

One of the most important lessons martial arts teaches is that of an ever tuned balance with ourselves and our world. Learning from this lesson we have set a major goal to be as balanced as we can with our environment and community.

In order to attain the greatest balance we will strive to make use of the most efficient electrical devices, heating and cooling methods, lighting and waste management procedures.

From solar panels and wind generators to geothermal and smart design, we will employ the best and most cost effective solutions to supply the facility's resource needs as we can afford to do so.

For More Information

If you would like to know more about this project or want to help make it a reality Visit us on the web at www.martialyou.com
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